## **William James Quotes**

- Thoughts become perception; perception becomes reality. Alter your thoughts, alter your reality.
- Strength is a façade for the proud, weakness is a mask for the lazy.
- The greatest revolution of our generation is the discovery that human beings, by changing the inner attitudes of their minds, can change the out aspects of their lives.
- The greatest weapon against stress is our ability to choose one thought over another.
- Most unhappiness is caused because people listen to themselves... instead of talking to themselves.
- A great many people think they are thinking when they are merely rearranging their prejudices.
- The world we see that seems so insane is the result of a belief system that is not working. To perceive the world differently, we must be willing to change our belief system, let the past slip away, expand our sense of now, and dissolve the fear in our minds.
- The deepest principle in human nature is the craving to be appreciated.
- Once a decision is reached, stop worrying and start working.
- The art of being wise in the art of knowing what to overlook.
- What holds attention determines action.
- Believe that life is worth living and your belief will help create the fact.
- If you can change your mind, you can change your life.
- Whenever two people meet, there are really six people present. There is each man as he sees himself, each man as the other person sees him, and each man as he really is.
- You may not get everything you dream about, but you will never get anything you don't dream about.
- The greatest weapon we have to combat stress is the ability to choose our thoughts.
- Circumstance does not make me, it reveals me.
- The mind is made up by what it feeds upon.
- If you believe that feeling bad or worrying long enough will change a past or future event, then you are residing on another planet with a different reality system.
- Acceptance of what has happened is the first step to overcoming the consequences of any misfortune.
- Real servants don't try to use God for their purposes. They let God use them for His purposes.
- It is your friends who make your world.
- The sovereign cure for worry is prayer.
- Our view of the world is truly shaped by what we decide to hear.